



# Proclamation #15-98

## Mental Health Month 2015

**WHEREAS**, mental health is essential to everyone's overall health and well-being; and

**WHEREAS**, all Americans experience times of difficulty and stress in their lives; and

**WHEREAS**, prevention is an effective way to reduce the burden of mental health conditions; and

**WHEREAS**, there is a strong body of research that supports specific tools that all Americans can use to better handle challenges, and protect their health and well-being; and

**WHEREAS**, mental health conditions are real and prevalent in our nation with multiple degrees of severity, with Stage 4 being the most critical; and

**WHEREAS**, with early and effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

**WHEREAS**, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts.

**THEREFORE**, I, Douglas F. Samples, do hereby proclaim May 2015 as Mental Health Month in the Town of Surfside Beach. As mayor, I also call upon the citizens, government agencies, public and private institutions and businesses in the Town of Surfside Beach to recommit our community to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions. Everyone is encouraged to have mental health screenings, if they believe they are suffering from depression, severe anxiety or some other mental disorder (as you would have physical health screenings) before they reach the crisis stage.

**BE IT SO PROCLAIMED** this 28th day of April 2015.

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The Hon. Douglas F. Samples  
Mayor, Town of Surfside Beach

Attest: \_\_\_\_\_  
Debra E. Herrmann, CMC, Town Clerk